

# Executive Coaching with the Propel Consulting Group

## There is an open horizon ahead.

In an executive coaching engagement, a leader who is seeking to expand self-awareness and achieve success can take his or her leadership competencies and skills to a higher level. Propel Consulting Executive Coaching provides the tools you need to seek or accept a new challenge, lead an organizational change such as a turnaround, or face a situation that requires a broader range of behaviors or style flexibility.



#### AT PROPEL CONSULTING GROUP, WE WORK WITH YOU TO:

- Gain insight into strengths and roadblocks in leadership and management style, interpersonal skills and executive thinking patterns
- Maximize use of your strengths
- Uncover blind spots, work around gaps and develop those critical few new competencies for excellence
- Develop and practice new patterns of leading that increase effectiveness
- Cultivate acceptance and ability to garner the right support at the right time for the long term

## **BEGIN AT THE CENTER**

We believe change happens when someone feels safe and can find clarity in open space. We begin by building a "safe container" where we build connection, pinpoint hopes and goals and agree to a working relationship. We seek to clarify the difference between obstacles, fears and problems and introduce a different perspective.

We help you develop new approaches and skills for one-to-one and large group communication; employee engagement; culture building; teambuilding; delegation; strategy, planning and execution; stakeholder and network development; resilience; and career navigation.

Our executive development process utilizes a combination of skills, practices and conversations. It begins with assessment and discovery and is followed by coached planning, action and reflection. We focus on immediate business situations by exploring your current approaches and then considering new thought patterns, behaviors and style flexes that will produce different, more successful outcomes.

#### (1) Assessment and discovery

discussion, comprehensive interviews, stakeholder feedback, use of validated profiling instruments determine focus

### (2) Coached planning, action and reflection

one-on-one coaching based on the Focus document 40-50 hours of phone or in-person engagement Custom designed to support 6-12 months of coaching